

## 2019 Ruppenthal Middle School Track Invitational

### Running Events (Begin at 2:30 p.m.)

#### 1. 3200 M Run

7th Girls  
7th Boys  
8th Girls  
8th Boys

#### 2. 100 Meter Hurdles

7th Girls  
7th Boys  
8th Girls  
8th Boys

#### 3. 100 Meter Dash

7th Girls  
7th Boys  
8th Girls  
8th Boys

#### 4. 1600 Meter Run

7th Girls  
7th Boys  
8th Girls  
8th Boys

#### 5. 4x100 Meter Relay

7th Girls  
7th Boys  
8th Girls  
8th Boys

#### 6. 400 Meter Dash

7th Girls  
7th Boys  
8th Girls  
8th Boys

#### 7. 200 Meter Hurdles

7th Girls  
7th Boys  
8th Girls  
8th Boys

#### 8. 4x200 Meter Run

7th Girls  
7th Boys  
8th Girls  
8th Boys

#### 9. 800 Meter Run

7th Girls  
7th Boys  
8th Girls  
8th Boys

#### 10. 200 Meter Run

7th Girls  
7th Boys  
8th Girls  
8th Boys

#### 11. 4x400 Meter Run

7th Girls  
7th Boys  
8th Girls  
8th Boys

### Field Event - Begin at 1:00 p.m.

#### High Jump (East)

7th Girls  
7th Boys

#### High Jump (West)

8th Girls  
8th Boys

#### Shot Put (West)

8th Girls  
8th Girls

#### Discus (East)

7th Girls  
8th Girls

#### Pole Vault

8th Boys  
7th Boys  
8th Girls  
7th Girls

#### East Jump Pit

8th Girls LJ  
7th Girls LJ  
7th Girls TJ  
8th Girls TJ

#### West Jump Pit

7th Boys LJ  
8th Boys LJ  
7th Boys TJ  
8th Boys TJ

#### Shot Put (East)

7th Boys  
8th Boys

#### Discus (West)

8th Boys  
7th Boys

#### Javelin Boys

7th Boys  
8th Boys

#### Javelin Girls

8th Girls  
7th Girls