

2019 JH League Track Meet

BOYS AND GIRLS

Tuesday, May 7th, 2019

Teams competing: Beloit, Ellsworth, Minneapolis, Republic County, Russell, Sacred Heart, Southeast of Saline

Coaches Meeting: 2:30 pm under the Stadium

Field Events: 3:00 pm

Running Events: 4:30pm 3200m, all others at 5:00 pm

Entries: Due on Direct Athletics by 9:00a on Tuesday May 9th, 2017
Schools may Enter 3 Per Event, 1 Relay, And up To 4 Events per Athlete
Only scratches will be allowed.

Bus Parking: Will attempt to park buses along the front row of our track and the front row of
The cookie baseball field across the street

Awards: Scoring 10-8-6-4-2-1 in each event
Medals to top 3

Events: All Events will Be Finals
Races will Be Run Against Time
Competitors in Field Events will have 3 Attempts

Hospitality: .Coaches, Admin and bus drivers will receive a meal ticket to be used at our
Concession stand

Concessions: Available under the Stadium

Facility: Rubberized Track and Jumping Areas (1/4" Spikes or Shorter)
Cement Shot and Discus Rings
Grass Javelin Runways

Infield Policy: Only Coaches and Athletes Allowed on the Football Infield
Spectators should be in the stands or outside of the Track

Team Camps: Team Camps may be in the Stadium bleachers on the south side of the stadium or
Around the road under the scoreboard or the grass hill on the east side

Entry Fee: \$100

NCAA League JR. HIGH TRACK & FIELD MEET

Tuesday, May 7th

2:30 p.m. Coach Meeting

3:00 p.m. Field Events

8th Girls Shot followed by 7th Girls

7th Girls Discus followed by 8th Girls (Cookie Ball Field)

8th Boys Shot followed by 7th Boys

7th Boys Discus followed by 8th Boys

7th & 8th Boys Pole Vault followed by 7th & 8th Girls Pole Vault

7th Girls High Jump followed by 8th Girls (West Pit)

7th Boys High Jump followed by 8th Boys (East Pit)

8th Boys Long Jump followed by 7th Boys

8th Girls Long Jump followed by 7th Girls

****Triple Jumps follow long jumps****

7th Girls Triple Jump followed by 8th Girls

7th Boys Triple Jump followed by 8th Boys

7th Boys Javelin followed by 8th Boys

7th Girls Javelin followed by 8th Girls

4:30 p.m. 3200 Meter Run (7/8th Girls, 7/8th Boys)

All Running Events Will Follow This Order: 7th girls, 8th girls, 7th boys, 8th boys

All Running Events Are Run Against Time

5:00 p.m. 100 Meter Hurdles

100 Meter Dash

1600 Meter Run

4 x 100 Meter Relay

400 Meter Dash

4 x 200 Meter Relay

800 Meter Run

200 Meter Hurdles

200 Meter Dash

4x400 Meter Relay