## Minneapolis XC -

Head High School Coach - Dina Giles Asst. High School Coach - Courtney Marsh Head Middle School Coach - Dina Giles

TO: MIDDLE SCHOOL CROSS COUNTRY COACHES / MIDDLE SCHOOL ADs

FROM: Rvan Mortimer

RE: Minneapolis Cross Country Meet

Thursday Oct. 10th 2019

Minneapolis Jr/Sr High School

Minneapolis KS, 67436

MEET LOCATION: Rock City Park, 1051 Ivy Rd, Minneapolis, KS 67467-Located Southwest of

Minneapolis

RACE DISTANCES: Both races will be 3200 meters in length.

ENTRY FEE: The entry fee is \$50 per school

RACE TIMES: 7<sup>th</sup> Grade Boys/Girls - 4:30

8th Grade Boys/Girls - 5:00

Awards-5:30

AWARDS: Top 5, 7<sup>th</sup>/8<sup>th</sup> Boys/Girls Individuals will receive medals

Top Combined Girls/Boys Teams will Receive Plaque

ENTRIES: Please send rosters to Coach Giles at the following email address:

dgiles@usd239.org

Contact Coach Giles with changes.

PARKING: There will be staff on location to help with parking.

COURSE: The course will take you through Rock City Park. There is a map attached.

RESULTS: Results will be emailed the following day.

WEATHER: In the event of challenging weather we will be in contact about adjustments to times and the course.

SCHOOLS:

Beloit kbiesner@usd273.org

Ellsworth rdavis@327.org

Minneapolis dgiles@usd239.org

Republic County bcouture@usd109.org

Sacred Heart eric@sacredheartknights.org

Southeast of Saline wsager@306.org

CornerStone Classical showe@cornerstonesalina.com