

MINNEAPOLIS INVITATIONAL TRACK MEET

VARSITY and JUNIOR VARSITY

May 4, 2021 - 3:00 P.M.

Coaches Information

1. Teams invited: Abilene, Republic Co., Beloit, Concordia, Clay Center, Sacred Heart, SE Saline, Smoky Valley, Salina Christian Academy, Chapman, Russell, St. John's Beloit and Minneapolis.
2. We have concrete shot and discus rings. Javelin runway is grass. Field events will have 4 trials
3. Bring your own towels and other needed equipment. We will furnish starting blocks for all lanes.
4. ¼" pyramid spikes are permitted on the track. Rubber soled shoes only on concrete shot and discus rings.
5. Pole Vault verifications should be faxed with entries or brought to coaches meeting.
6. There will be a coaches' meeting at 2:30p.m. to secure heat sheets and make scratches on entries. Meeting will be in the south end of concession stand.
7. Each school is allowed (3) Varsity entries and one relay team per event. **Athletes are allowed to compete in both the JV and V portions of the meet. If they do compete in both, they can only compete in 4 total events on the day and per KSHSAA ruling that is considered 2 of their 8 allotted meets so please keep that in mind.** For the junior varsity meet, you will be allowed 3 entries per event and one relay.
9. Scoring: 10-8-6-4-2-1. Medals will be given out to 1st, 2nd, and 3rd on the varsity side and 1st and 2nd on the JV side for place winners in all events. The varsity team champions will receive a plaque.
10. Entry fee: \$50 per school for Junior Varsity Team
\$100 per school for Varsity Team.
11. Starter-Jon Bingesser
12. **Buses will need to park on the visitor's side (east side) of the football field along each side of the street. This road will be closed to the thru traffic. You can enter from the north or south but please get as close to the curb as possible so we have space to get busses in and out if they were to leave early.**
13. All coaches and bus drivers will be given a ticket to eat at the concession stand.
14. No tents inside track.
15. **Entry deadline is Monday, May 3rd @ 12:00pm. Entries will be made on Athletic.net. Red Dirt Race Management will be conducting the timing and manage the entries/results. Use the following link to enter your kids. <https://www.athletic.net/Help/Track.aspx?Meet=428901>**

Minneapolis Varsity/JV Invitational (5-04-21)
Schedule of Events

2:30 Coaches meeting in the south end of concession stand. Only Scratches accepted.

3:00 Girls followed by Boys Pole Vault
Junior Varsity and Varsity will run together and will start as soon as possible.

3:00 Field events
Boys High Jump JV and Varsity (North Pit)
Girls High Jump JV and Varsity (South Pit)
Boys Javelin JV and Varsity
Girls Long Jump JV and Varsity (west runway)
Boys Triple Jump JV and Varsity (east runway)
Boys Shot Put JV and Varsity
Girls Discus JV and Varsity

(Approximately)

4:00
Girls Javelin JV and Varsity
Girls Triple Jump JV and Varsity
Boys Long Jump JV and Varsity
Boys Discus JV and Varsity
Girls Shot JV and Varsity

****We will run the field events ahead of schedule wherever applicable****

Running events: 4:00pm 3200-meter relay (girls followed by boys)

5:00 Girls JV /Var followed by boys JV / Var (depending on entries, distance races may be combined)

100/110MHH
100M Dash
1600M Run
400M Relay
400M Dash
300M IH
800M Run
200M Dash
3200M Run
1600M Relay