

Wabaunsee High School  
912 Missouri Street  
Alma, KS 66401



**Principal:** Mrs. Jan Hutley  
**Counselor:** Mrs. Marilyn Workman  
**Athletic Director:** Mr. Jeron Weisshaar  
**Secretaries:** Mrs. Jeanne Parry  
Mrs. Carrie Boeckman

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[www.usd329.com](http://www.usd329.com)

From: Roger Alderman, Meet Manager (ralderman@usd329.com)  
Jeron Weisshaar, Athletic Director (jweisshaar@usd329.com)  
To: Cross Country Coaches & Athletic Directors

**Welcome to the 2019 2A Wabaunsee Regional Cross Country Meet held in Alma, KS.**

**Teams Competing:** Bennington, Chase County, Herington, Horton, Jackson Heights, Jefferson County North, McLouth, Mission Valley, Northern Heights, Oskaloosa, Republic County, Riverside, Rossville, Valley Heights, Wabaunsee

**Entries:** Submit entries through KSHSAA. **Due by Noon on Monday, October 21.**

**Directions:** From either the North or South you will be on K99. Turn west at 11<sup>th</sup> Street. It's on the North end of town, there is a Dollar General at this corner.

**Parking:** Team vehicles should turn in the driveway on the East side of the football stadium. You will receive further instructions on unloading and parking from there.  
Spectators can park in the lot west of the football stadium, at the High School parking lot, or along the side streets in that area.

**Check In:** Packets with your information can be picked at the table located at the North end of the practice football field. Turn in your Sportsmanship and Legal Uniform Card at check-in.

**Facilities:** Restrooms are available at the concession stand as well as some portables at the south end of the practice field. Please come dressed.

**Uniforms:** Please review NFHS Rules 8-6-1, 8-6-2, and 8-6-3 with your athletes. Uniforms will be checked before each race to make sure everyone is in compliance.

**Course:** Our 5K course is a 2-lap course that finishes on our practice football field. The course will be marked with a solid white line until it reaches the football field. The entire course is grass or dirt. Course map is attached.

**T-Shirts:** We will be selling a Regional T-Shirt designed and printed by our screen printing class at WHS. Cost is \$15. Please pre-order by e-mailing the enclosed order form back to me. We will have your order bagged and ready for you at check-in. Please pay with cash or a single check made out to WHS. **Orders are due by Noon on Wednesday, October 16.** Pre-orders only, nothing will be available on race day.

**Times:** 9:30 – Coach’s Meeting (in the bleachers at the South end of the practice field)  
10:00 – Girls’ Race  
10:45 – Boys’ Race  
11:30 – Awards

**Awards:** 10 Individual Medals in each race  
Team Plaques for 1<sup>st</sup> and 2<sup>nd</sup> place in each race

**Qualifiers:** Top 3 teams qualify for State, Top 10 individuals qualify with the possibility of additional qualifiers if there aren’t 5 individuals from non-qualifying teams. See the attached memo for the process.

**Games Commitee:** Rena Mick (Bennington)  
Annie Thomas (Mission Valley)  
Garrett Jones (Rossville)  
Roger Alderman (Wabaunsee)  
Jeron Weisshaar (Wabaunsee AD)

**State Site Info:** Dennis Charbonneau, Wamego High School  
801 Lincoln Street, Wamego 66547-1539  
**FAX 785/456-7382**  
E-Mail – charbonneaud@usd320.com

**Results:** We will use the Hy-Tek computer program. Results will be handed out at the end of the meet and e-mailed to you Saturday afternoon.